

3 Note Groupings

Check Patterns



16th Notes using "lead hand" motion

Exercises to develop 3 note groupings against a 16th note check pattern keeping a lead hand motion. Play one bar of the check pattern followed by one bar of a 3 note grouping. Always go back to the check pattern between each set of groupings. Notice the sticking remains the same, only each time you are omitting a stroke. Once you can play with ease try beginning on the opposite hand (LRLR).

#Check Pattern

ta ka di mi ta ka di mi ta ka di mi ta ka di mi

R L R L R L R L R L R L R L R L
L R L R L R L R L R L R L R L R

#K

ta ka di ta ka di ta ka di ta ka di

R L R L R L R L R L R L R L R L
L R L L R L L R L L R L L R L

#L

ka di mi ka di mi ka di mi ka di mi

L R L L R L L R L L R L L R L R
R L R R L R R L R R L R R L R

#M

ta di mi ta di mi ta di mi ta di mi

R R L R R L R R L R R L R R L R
L L R L L R L L R L L R L L R

#N

ta ka mi ta ka mi ta ka mi ta ka mi

R L L R L L R L L R L L R L L R
L R R L R R L R R L R R L R R

Try different voicings around the kit. For example change drum every beat; snare, high tom, medium tom, low tom. You can also change drum at the beginning of each grouping (affects #M and #N only).



#WarmupWednesday